



IMPRINT AREA

**FIREFIGHTER PREPLACEMENT AND PERIODIC HEALTH HISTORY QUESTIONNAIRE**

Name: \_\_\_\_\_ Sex:  Male  Female Date of Birth \_\_\_\_\_

Home Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_ Company: \_\_\_\_\_ Phone/Fax: \_\_\_\_\_

Social Security # \_\_\_\_\_ Job Title: \_\_\_\_\_ Department: \_\_\_\_\_ Hire Date: \_\_\_\_\_

**INTRODUCTION:**

The information you provide in this questionnaire is extremely important. It will be used by a physician or health care professional to advise your employer of your ability to perform the essential functions of the job safely without endangering yourself or others. Please fill out the questionnaire completely and accurately.

Please answer all questions completely. Do not leave any answers blank; use either "NA" (not applicable) or "Don't Know."

**1. List your last 3 hospitalizations (excluding routine childbirth):**

<u>Date</u>	<u>Age</u>	<u>Condition</u>	<u>Name of Hospital, City &amp; State</u>

**2. List any other operations or surgeries not included above:**

<u>Date</u>	<u>Age</u>	<u>Condition</u>	<u>Name of Hospital, City &amp; State</u>

**3. Date of Last Tetanus Immunization \_\_\_\_\_(Never) (Unknown)**

**4. List all medications (prescription and non-prescription) that you are currently taking (including vitamins, aspirin, antihistamines, cold medications, reducing aids, recreational drugs, etc.):**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**5. List all medications (prescription and non-prescription) not listed above that you have taken in the past two months**\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

6. Do you have, or have you ever had (check all that apply - circle those you don't know):
- Vision problems -eye disease, surgeries, temporary/permanent loss of vision in either eye
  - Skin condition (recurrent eczema, irritated skin, open lesions)
  - Dizziness/fainting/loss of consciousness
  - Psychological problems/stress/depression
  - Prior drug/alcohol treatment
  - Asthma/Chronic Bronchitis/Emphysema
  - Bad reaction to cold, heat, heights or closed spaces
  - Thyroid problems
  - Chest pain or heart problems
  - Fractures (broken bones or ribs)
  - Diabetes
  - Ulcer/Irritable Bowel/Crohns Disease
  - Cancer, leukemia, or compromised immune system
  - Chronic or recurring pain or limited motion associated with:
    - Neck
    - Shoulder
    - Elbow
    - Wrist
    - Hand
    - Knee
    - Back
    - Hip
    - Ankle
    - Foot
  - Convulsions/seizures/epilepsy
  - Headaches
  - Chronic Fatigue/Gulf War Syndrome
  - Tuberculosis
  - Pneumothorax
  - Swollen ankles or varicose veins
  - Bleeding tendency
  - Trouble Smelling odors
  - Hepatitis
  - Hernia
  - Anemia

**Please Circle One --- "NO" "YES" "?"**

- |     |   |     |    |   |
|-----|---|-----|----|---|
| 7.  | Do you currently use tobacco or have you used it in the last month?   | YES | NO | ? |
| 8.  | Are you currently taking any drugs or illegal substances not authorized by your physician or health care professional for medical purposes?         | YES | NO | ? |
| 9.  | Have you ever had a reaction, allergy, and/or sensitivity to any drugs (such as codeine, penicillin, or sulfa), latex, foods, plants, or chemicals? | YES | NO | ? |
| 10. | Have you ever had an allergic reaction that affected your breathing?<br>Describe _____  | YES | NO | ? |
| 11. | Do you currently have any of the following symptoms of pulmonary or lung illness?   |     |    |   |
| a.  | Shortness of breath?  | YES | NO | ? |
| b.  | Shortness of breath when walking fast on level ground or walking up a slight hill or incline?   | YES | NO | ? |
| c.  | Shortness of breath when walking with other people at an ordinary pace on level ground?   | YES | NO | ? |
| d.  | Have to stop for breath when walking at your own pace on level ground?  | YES | NO | ? |
| e.  | Shortness of breath when washing or dressing yourself?  | YES | NO | ? |
| f.  | Shortness of breath that interferes with your job?  | YES | NO | ? |
| g.  | Coughing that produces phlegm (thick sputum)?   | YES | NO | ? |
| h.  | Coughing that wakes you early in the morning?   | YES | NO | ? |
| i.  | Coughing that occurs mostly when you are lying down?  | YES | NO | ? |
| j.  | Coughing up blood in the last month?  | YES | NO | ? |

- |    |  |     |    |   |
|----|--|-----|----|---|
| k. | Wheezing?  | YES | NO | ? |
| l. | Wheezing that interferes with your job?                            | YES | NO | ? |
| m. | Chest pain when you breathe deeply?                                | YES | NO | ? |
| n. | Any other symptoms that you think may be related to lung problems? | YES | NO | ? |
|    | Describe _____   |     |    |   |

**12. Have you ever had any of the following cardiovascular or heart problems?**

- |    |   |     |    |   |
|----|---|-----|----|---|
| a. | High blood pressure?                                  | YES | NO | ? |
| b. | Elevated Cholesterol                                  | YES | NO | ? |
| c. | Heart Murmur  | YES | NO | ? |
| d. | Stroke?   | YES | NO | ? |
| e. | Angina?   | YES | NO | ? |
| f. | Heart failure?  | YES | NO | ? |
| g. | Swelling in your legs or feet (not caused by walking) | YES | NO | ? |
| h. | Heart arrhythmia (heart beating irregularly)?         | YES | NO | ? |
| i. | Heart attack?   | YES | NO | ? |
| j. | Any other heart problem that you've been told about?  | YES | NO | ? |
|    | Describe _____  |     |    |   |

**13. Have you ever had any of the following cardiovascular or heart symptoms?**

- |    |  |     |    |   |
|----|--|-----|----|---|
| a. | Frequent pain or tightness in your chest?  | YES | NO | ? |
| b. | Pain or tightness in your chest during physical activity?                          | YES | NO | ? |
| c. | Pain or tightness in your chest that interferes with your job?                     | YES | NO | ? |
| d. | In the past two years, have you noticed your heart skipping or missing a beat?     | YES | NO | ? |
| e. | Heartburn or indigestion that is not related to eating?                            | YES | NO | ? |
| f. | Any other symptoms that you think may be related to heart or circulation problems? | YES | NO | ? |
|    | Describe _____   |     |    |   |

**14. If you've used a respirator, have you ever had any of the following problems?**

- |    |  |     |    |   |
|----|--|-----|----|---|
| a. | Eye irritation?  | YES | NO | ? |
| b. | Skin allergies or rashes?  | YES | NO | ? |
| c. | Anxiety or Claustrophobia?                                       | YES | NO | ? |
| d. | General weakness or fatigue?                                     | YES | NO | ? |
| e. | Any other problem that interferes with your use of a respirator? | YES | NO | ? |
|    | Describe _____   |     |    |   |

**15. Are you currently under medical care for any emotional or physical illnesses?** YES NO ?

**16. Have you been advised to have any operations which have not yet been done?** YES NO ?

**17. Have you ever had an injury at work or home that required restricted activity?** YES NO ?

**18. Do you currently have a workers' compensation or disability claim pending or open?** YES NO ?

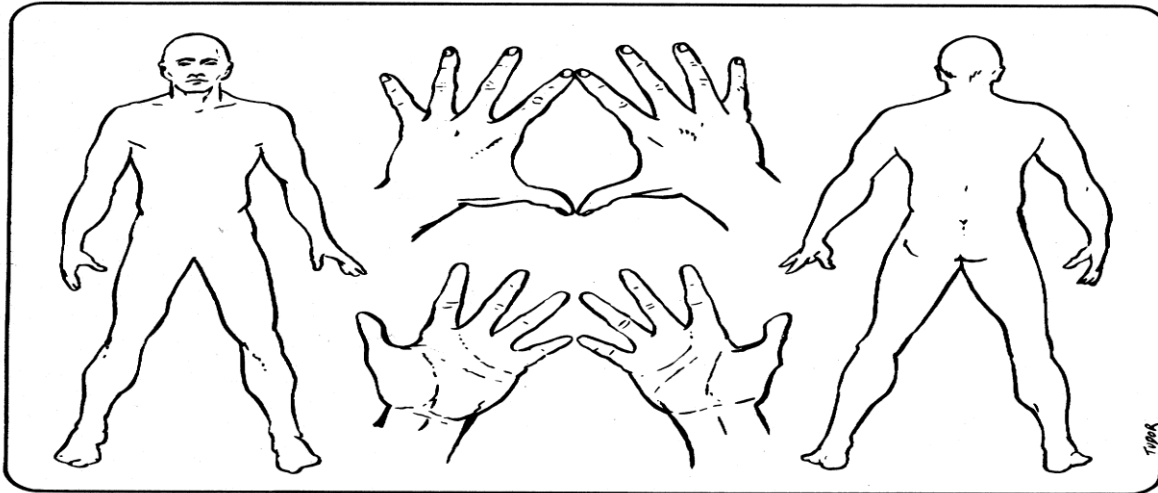
<b>19.</b> Are you currently receiving any medical disability payments (SDI, VA, LTD, SSI, etc.)?	YES	NO	?
<b>20.</b> Have you ever changed jobs or work assignments because of any health problems or injuries?	YES	NO	?
<b>21.</b> Have you ever had a physician or health care professional give you activity restrictions?	YES	NO	?
If so, are you back on full duty?	YES	NO	?
If no, describe _____			
<b>22.</b> Have you ever been unable to work because of any back/neck/joint problems?	YES	NO	?
<b>23.</b> Have you had menstrual problems that kept you off work?	YES	NO	?
<b>24.</b> Do you take medications at work or before work which you believe could affect your physical or mental function or performance?	YES	NO	?
<b>25.</b> Have you ever been unable to hold a job or refused employment because of any physical, mental, or other health related reason?	YES	NO	?
<b>26.</b> Have you ever been rejected or discharged from a military position because of any physical, mental, or other health related reason?	YES	NO	?
<b>27.</b> Within the past year, have you had repeated feelings of numbness, tingling, or “pins and needles” sensations in one or both hands?	YES	NO	?
<b>28.</b> Within the past year, have you had repeated feelings of soreness or pain in either forearm or elbow?	YES	NO	?
<b>29.</b> Have any of the above symptoms (numbness, tingling, soreness or pain) caused you to be awakened while sleeping?	YES	NO	?
<b>30.</b> Does discomfort in your wrist, arm or shoulder interfere with your daily activities (eating, writing, sports, etc.)	YES	NO	?
<b>31.</b> Do you currently have any of the following vision problems?			
a. Wear contact lenses?	YES	NO	?
b. Wear glasses?	YES	NO	?
c. Color blind?	YES	NO	?
d. Any other eye or vision problem?	YES	NO	?
<b>32.</b> Have you ever had an injury to your ears, including a broken eardrum?	YES	NO	?
<b>33.</b> Do you currently have any of the following hearing problems?			
a. Difficulty hearing?	YES	NO	?
b. Wear a hearing aid?	YES	NO	?
c. Any other hearing or ear problem?	YES	NO	?
<b>34.</b> Do you currently have any of the following musculoskeletal problems?			
a. Weakness in any of your arms, hands, legs, or feet?	YES	NO	?
b. Back pain?	YES	NO	?
c. Difficulty fully moving your arms and legs?	YES	NO	?
d. Pain or stiffness when you lean forward or backward at the waist?	YES	NO	?
e. Difficulty fully moving your head up or down?	YES	NO	?
f. Difficulty moving your head side to side?	YES	NO	?
g. Difficulty bending at your knees?	YES	NO	?
h. Difficulty squatting to the ground?	YES	NO	?

- i. Difficulty climbing a flight of stairs or a ladder carrying more than 25 lbs? YES NO ?
- j. Any other muscle or skeletal problem that interferes with using a respirator? YES NO ?

37. Have you ever received medical treatment for the pain and/or discomfort noted above? YES NO ?

38. Please mark on the diagrams below where, in the past year, you have had:

PAIN == XXXXXXXXXXXXXXXXXXXX  
XXXXXXXXXXXXXXXXXXXX      TINGLING or NUMBNESS == ●●●●●●●●●●●●●●●●●●  
●●●●●●●●●●●●●●●●●●



39. Have you ever or are you currently being followed for any hazardous or toxic (biological, post-exposure chemical, physical)? YES NO ?

40. Have you had any chemical or biological exposures since your last examination that you know of and/or have concerns? YES NO ?

41. Relative to this job, is there any health-related condition for which you require accommodation (i.e. job modification or structural changes in work area)? YES NO ?  
If so, please list: \_\_\_\_\_

42. How much exercise (outside of work) do you get in a typical week? Please explain.  
\_\_\_\_\_

**I hereby certify that all of my statements and answers are true and complete, and I understand that any misstatement of material fact may subject me to disqualification or dismissal and may cause forfeiture of all rights to employment.**

Signature in full: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

**Clinician Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_