



There are an array of programs and resources for families, seniors, those with disabilities, and low-income individuals in crisis. Additional resources will be added here: [ACGOV.ORG/CDA/HCD/GET-HELP.HTM](https://acgov.org/CDA/HCD/GET-HELP.HTM) or scan QR code.

*Para obtener información en español llame al 2-1-1*



Alameda County Housing Secure provides resources to residents at risk of displacement. If you are at risk of displacement or have been served a notice, go to: [AC-HOUSINGSECURE.ORG](https://AC-HOUSINGSECURE.ORG) or scan QR Code.

**GENERAL INFORMATION AND REFERRALS**

- Alameda County Social Services Agency**  
Apply for General Assistance and CalFresh, call 888-999-4772 or go to 24100 Amador St., Hayward.
- Davis Street Family Resource Center**  
Provides access to benefits call 510-347-4620 for intake and referrals or go to 3081 Teagarden St., San Leandro.
- Eden I&R, Call 2-1-1 Toll-Free (888) 886-9660**  
Health and human service referrals. Housing and shelter availability. Call 2-1-1.
- Newcomer Navigation Center**  
Assists Spanish and English-speaking newcomers to the area with navigation to enroll in healthcare, social services, public education, and emergency food services. Call 510-582-9533 or go to 21455 Birch St., Hayward.

**CRISIS HOTLINES**

Child Abuse Hotline .....	510-259-1800
Crisis Support Services of Alameda County.....	800-309-2131
Domestic Violence Hotline .....	877-384-3578
Elder Abuse Hotline .....	510-577-3500
Suicide Prevention Lifeline .....	800-273-8255
Veteran Crisis Line .....	800-273-8255 (press 1)

## CLOTHING RESOURCES

### **4C's Clothing**

510-736-0024, [rise@4c-alameda.org](mailto:rise@4c-alameda.org) Gently-used clothes for Infants & Children. Call or email to make an appointment.

### **Davis Street Family Resource Center**

510-347-4620, 3081 Teagarden Street, San Leandro. Free clothing for families with limited income. ID, proof of income, and address required.

### **Love Never Fails**

844-249-2698, 22580 Grand Street, Hayward Hours M-F 12-5pm, Business and day-to-day clothing.

### **Village United**

510-537-6230, Call New Hope Church. Back to school clothing for kids.

## CHILDCARE RESOURCES

**4C's of Alameda County** 22351 City Center Drive, Hayward, 510-244-0980. Childcare payment program designed to provide full or partial reimbursement of childcare services on behalf of eligible families. See eligibility, go to: [elisonline.4c-alameda.com/signup.asp](http://elisonline.4c-alameda.com/signup.asp) Oakland residents, call 510-244-0966

## EMPLOYMENT RESOURCES

### **AC Workforce Development Board**

Job training and placements. Go to: [acwdb.org/job-seekers](http://acwdb.org/job-seekers) Attend job fairs in Alameda County. Placements include Kaiser, Tesla, AC Transit and more.

### **Downtown Streets Team**

New Hope, 22110 Montgomery St, Hayward - Tuesdays at 12:30pm Volunteer program that includes workforce training and development.

### **Eden Area 1-Stop Career Center**

24100 Amador Street, 3rd Floor, Hayward 510-670-5700 Job search and career assistance. Access to computer stations fax machines and phones.

## FOOD ACCESS

### **Ashland Community Center - Seniors Only**

1530 167th Avenue San Leandro, 510-534-8540 ext. 369. For low-income seniors on the 2nd and 4th Mondays. 8:30 am to 9:30 am. Sign up by calling Mercy Retirement and Care Center

### **Hayward Area Senior Center - Seniors only**

22325 N 3rd Street, Hayward, 510-881-6766 Groceries for low-income seniors 2nd and 4th Friday. Apply in person with ID & proof of income.

### **Tiburcio Vasquez Health Clinic-- Ashland Clinic**

16110 E 14th St, San Leandro. 1st Tuesdays of the Month. Open to the Public at 2pm.

### **4C's of Alameda County**

22351 City Center Drive, Hayward, 510-736-0024. First Thursday of the month, 1pm -3pm. Online registration <https://4calameda.org/events-trainings/category/food-distribution/>

**Cherryland Elementary School Food Distribution**

Every other Thursday, 4-6pm.

**Church of the Cross**

355 A Street, Hayward, 510-581-5522. Food pantry Tuesdays from 10 am-12 pm.

**Comida Para Cherryland**

21455 Birch St., Hayward, 510-582-9533. 2nd & 4th Weds. drive-thru, walk-up pantry at 1:30pm

**Community of Grace Church**

380 Elmhurst St, Hayward, 510-783-8062. Weds. 11:00 am to 12:00 pm. Call for appt, bring ID.

**Davis Street Family Resource Center**

3081 Teagarden Street, San Leandro, Call 510-347-4620 ext. 119 3-5 day food bag, 2x a month.

**Church of the Cross**

355 A Street, Hayward, 510-581-5522. Food pantry Tuesdays from 10 am-12 pm.

**Glad Tidings Church**

21455 Birch St., Hayward, 510-582-9533. 2nd & 4th Weds. drive-thru, walk-up pantry at 1:30pm.

**Hope for the Heart Pantry**

22035 Meekland Ave. Hayward, hopefortheheart.org Tues & Thurs at 1:30pm & 3rd Sat. at 7:30am. On 3rd Sat. have picture ID & proof of residency. Children under 3 bring birth cert. for diapers.

**New Hope Christian Fellowship**

22110 Montgomery St, Hayward, 510-537-6230. Hot meal Tues/ 5 pm-6 pm. Groceries 4:30 – 6pm

**New Life Christian Church**

1265 B Street Hayward, CA 94541, 510-889-1304. Food Pantry, Thursdays 6 pm to 7 pm.

**Reach Ashland Food Distribution**

1st and 3rd Wednesday of each month, 11am-12:30. Line starts at 10:45am.

**Redwood Chapel**

19300 Redwood Rd, Castro Valley, 510-886-6300. Bag of food available on the 3rd Saturday.

**Resurrection Greek Orthodox Church**

20104 Center Street, Castro Valley, (510) 581-8950. 2nd & 4th Saturdays of the month, 9-11 am.

**Salvation Army - Hayward Corps**

430 A Hayward, 510-581-6444. Monday to Thursday 1:30 pm to 3 pm. Bag lunch 12 pm-1:30 pm.

**South Hayward Parish Emergency Food Program**

27287 Patrick Avenue, Hayward, 510-785-3663. 2 day supply of food, once a week. Bring ID.

## HOMELESS RESOURCES

**Alameda County Safe Parking Program**

Open to individuals living out of their vehicles. Provides safe place to sleep, stay during the day and housing search support. Located in Ashland, call 973-315-6000 for info.

**First Pres Hayward Safe Parking**

Call 510-581-6203 for parking availability, join program or waiting list or go to 2490 Grove Way, Castro Valley.

**First Presbyterian Church**

510-581-6203, 2490 Grove Way, Castro Valley. Call church for schedule and to reserve bed at short-term shelter.

**Ruby's Place**

Provides short-term shelter up to 90 days, meals and counseling for homeless women & minors. Apply by phone. Call 888-339-7233, 1180 B Street, Hayward.

**Building Futures with Women and Children**

Call 866-292-9688, for intake - 3 shelters. Outside referrals, resources & telephone counseling services for women with or without children who are in crisis and/or in need of shelter.

**FESCO (Family Emergency Shelter Coalition)**

Call 510-581-3223 for screening and availability 21455 Birch Street #5, Hayward

Offers various types of shelter and housing programs for low-income and homeless families.

## HOME REPAIRS AND RENTAL INSPECTION

**Alameda County Code Enforcement**

(510) 670-5460. File a complaint against your landlord and/or get a rental inspection of the unit. File a code enforcement through the complaint [form](#).

**Healthy Homes Minor Home Repair Program**

[www.achhd.org](http://www.achhd.org). Access repair grants to improve the health and safety of your home. Fill out Referral form.

**Renew AC - Major Home Repairs**

Apply for low-interest loans to make major repairs to your home. Including health & safety hazards, structural rehabilitation and accessibility repairs. Go to: [www.renewac.org](http://www.renewac.org).

**Alameda County Vector Control**

Get assistance with insects, rodents and/or wildlife. Call 510-567-6800.

## HOUSING RESOURCES

**Alameda County Housing Portal**

Apply for and get notified about available affordable housing units in Alameda County. Go to: [Housing.acgov.org](http://Housing.acgov.org)

**ECHO Housing**

Assists with tenant/landlord issues and fair housing education. Call 510-581-9380 or go to 770 A Street, Hayward.

**Eden Housing**

510-247-8141 Affordable housing listings for low-income, families, seniors, persons w/ disabilities. Go to: [edenhousing.org](http://edenhousing.org)

**First Presbyterian Church**

Call 510-581-6203 for info and availability. Operates a tiny home transitional housing program.

**Housing Authority of Alameda County (HACA)**

22941 Atherton St, Hayward. Apply for low-cost housing & Section 8 subsidized rentals for those that are eligible. Call 510-538-8876 or go to: [haca.net](http://haca.net)

**Housing Choices for Alameda County**

Affordable housing rental listings throughout the County. Go to: [achousingchoices.org](http://achousingchoices.org)

## LEGAL SERVICES

### **Alameda County Housing Secure**

[www.ac-housingsecure.org](http://www.ac-housingsecure.org) The website has resources and legal guidance for those at risk of displacement.

### **Bay Area Legal Aid**

1-800-551-5554 Providing low-income clients with free civil legal assistance, including legal advice and counsel, effective referrals, and legal representation.

### **Centro Legal de la Raza**

510-437-1554. [www.centrolegal.org](http://www.centrolegal.org). Eviction defense, tenants rights and other legal assistance.

### **Eviction Defense Center**

510-452-4541 Provides free and low cost legal services to Alameda County tenants who are facing eviction.

### **East Bay Community Law Center**

510-548-4040, Call for screening and availability. EBCLC's holistic approach aims to address the entire suite of legal and social service needs of under-resourced Black and Latinx clients.

## MEDICAL AND DENTAL SERVICES

### **Abode Services--Templo de la Cruz**

510-886-1644, 24362 Thomas Avenue, Hayward, . Offers a mobile health clinic 9 to 11 am on Thursday mornings.

### **Alameda County COVID Line**

510-268-2101, [ncov@acgov.org](mailto:ncov@acgov.org)

Call center to ask questions about treatment, vaccine appointments, referrals for hotels if they test positive, and more.

### **Alameda County Health Services Dental Van**

Call 415-730-4446 or 510-891-8906 for times and locations on van availability.

### **Ashland Free Medical Clinic**

510-407-2362, 50 E. Lewelling Blvd., San Lorenzo (in San Lorenzo High School)

Free non-emergency care for low-income, uninsured on Saturday mornings.

### **Davis Street Family Resource Center**

510-347-4620, 3081 Teagarden Street, San Leandro

Primary care clinic (fee-based on sliding scale, some insurance accepted), dental clinic (fee-based on sliding scale, some insurance accepted), and Rotacare Free Medical Clinic (free, only first 8 clients served, must be uninsured).

### **Hayward Wellness Center (Alameda Health System)**

510-266-1700, 664 Southland Mall, Hayward. Outpatient care clinic offering primary care to adults and children. By appointment only. Call for appointment. Also assists with signing up for Health Program of Alameda County for people who need but can't afford health care.

### **Reach Ashland Health & Wellness Services - La Clinica**

No-cost medical services for youth (11-24) Call 510-481-4556 for an appointment.

### **Tiburcio Vasquez Health Center**

Offering emergency dental services for patients with urgent needs. If you have a dental emergency, please call or text us at 510-471-5907, to reach dental staff.

## MENTAL HEALTH SERVICES

### **Alameda County Behavioral Health Care Services**

[www.acbhcs.org](http://www.acbhcs.org)

### **Behavioral Health Supportive Services**

[www.alamedacountysocialservices.org/our-services/Health-and-Food/Other-Support/Behavioral-Health-Supportive-Services](http://www.alamedacountysocialservices.org/our-services/Health-and-Food/Other-Support/Behavioral-Health-Supportive-Services)

### **Ruby's Place**

Ruby's Place clinical team serves those in our community impacted by trauma. Call -888-339-7233 or go to 1180 B Street, Hayward

### **Tiburcio Vasquez Health Center**

Provides a number of services for every age group, including: family partnering services which support families in navigating early childhood mental health systems, and comprehensive clinical behavioral health services for children, teens and adults. Call 510-690-6057.

## RECOVERY AND ADDICTION HELP

### **Al-Anon & Alateen**

Call (510) 276-2270 with questions.

### **Alcoholics Anonymous of the East Bay**

Searchable listing of East Bay meetings: <http://eastbayaa.org/meetings>

### **Celebrate Recovery**

Online 7pm Tuesdays. 510-537-6230 Starting July 1st meetings will occur in-person AND online.

### **Cherry Hill - Horizon Treatment Services**

[www.horizonservices.org/cherry-hill](http://www.horizonservices.org/cherry-hill) 2035 Fairmont Drive San Leandro 866-866-7496

### **Gamblers Anonymous**

Hotline 855-222-5542 Very few local meetings. Closest is at St. Cuthbert's Church 7932 Mountain Blvd. Oakland, CA, 94605 Monday at 8 pm..

### **HAART (Humanistic Alternatives to Addiction, Research and Treatment)**

Call for initial appointment. Provides individualized outpatient care for users dependent on opiates, including heroin and prescription analgesics such as Vicodin and Oxycodone. Fee based, Medical and Kaiser accepted as well. 510-727-9755.

### **Narcotics Anonymous**

Searchable listing of East Bay meetings: <http://www.naalamedacounty.org>

### **Overeaters Anonymous**

Bay Area meeting list: <http://how-oa.org/meetings-2/in-person-schedule/>

For updates to this flyer, please contact: [dylan.sweeney@acgov.org](mailto:dylan.sweeney@acgov.org)  
[acgov.org/cda/hcd](http://acgov.org/cda/hcd)