

Nutrition & Physical Activity Policy Implementation Resource

Healthy Vending Machine Options

SNACKS*

Fruit and Vegetable Snacks

Apple Sauce Cups
Apples
Canned Fruit Cups
Carrots with Low Fat Dip
Celery with Peanut Butter
Dried Fruits
Fruit Leathers (100% Fruit)
Grapes
Snow Peas with Low Fat Dip

Dairy Snacks

Cheese (Soft or Low-Fat) and Crackers
Cottage Cheese (Nonfat or Low-Fat)
Pudding
String Cheese
Yogurt (Nonfat or Low Fat)

BEVERAGES

Juices (100% Fruit or Vegetable)
Milk (Nonfat, 1%, or 2%; Plain or Flavored)
Water (Plain or Carbonated)
Rice, Soy, or Nut Milk

ENTREES*

Bagels with Nonfat or Low Fat Cream Cheese
Sandwiches and Wraps
Cereals
Oatmeal Cups
Salads
Soups

Savory Snacks

Baked Chips
Popped Chips
Beef Jerky
Crackers
Nuts
Pita Chips
Popcorn
Pretzels
Rice Cakes
Trail Mix

Sweet Snacks

Animal Crackers
Cereal Bars
Energy Bars
Fig Newtons
Fruit Bars
Granola Bars
Gummy Snacks (100% Fruit)
Yogurt Raisins



**While local vending machine companies carry all listed items in versions that fulfill the healthy food requirements, not all versions of these products fulfill the requirements.*